

Useful SEND information for families

- [Family Lives](#) Website about all areas of family life with a section on special educational needs
- [Young Minds](#) Mental Health support for children and young people. With Parent Helpline.
- [CAMHS](#) A beginner's guide to the NHS's Child and Adolescent Mental Health Services (CAMHS) for young people and parents/carers.
- [Dyspraxia Foundation](#) Information about dyspraxia. With Parent Helpline.
- [ADHD Foundation](#) Information about ADHD .
- [National Autistic Society](#) Information about autism.
- [What is an Education Health Care Plan?](#) A leaflet from Stoke on Trent Local Offer about Educational Health Care Plans for parents or carers of children with complex needs