

WHOLE SCHOOL PHYSICAL EDUCATION LTP

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Indoor	Some year groups in KS2 will have swimming lessons in place of their indoor PE lessons at various points throughout the academic year.					
Outdoor						
Reception Development Matters Early Year Outcomes	Getting ready for PE Keeping safe in PE Multi Skills	Ball Skills	Gymnastics	Gymnastics	Dance	Athletics
Year 1	Zumba	Zumba	Gymnastics	Gymnastics	Yoga and Dance	Yoga and Dance
	Invasion Games	Football	Cricket	Invasion Games	Athletics	Multi Skills
Year 2	Dance	Multi Skills	Dance	Yoga	Indoor Games	Gymnastics
	Multi Skills	Basketball	Football	Athletics	Athletics	Rounders
Year 3	Zumba	Gymnastics	Dance	Dodgeball	Dance	Athletics
	Basketball	Football	Hockey	Cricket	Tennis	Athletics/Rounders
Year 4	Table Tennis	Handball	Dance	Dance	Gymnastics	Gymnastics
	Cricket	Invasion Games	Basketball	Hockey	Athletics	Rounders
Year 5	Gymnastics	Dance	Volleyball	Dance	Yoga/Pilates	Badminton
	Basketball	Football	Tag Rugby	Rounders	Athletics	Quick Cricket
Year 6	Circuit Training	Volleyball	Gymnastics	Circuit Training	Dance	Bench Ball
	Tag Rugby	Football	Hockey	Basketball	Cricket	Athletics