

Hanley St Luke's Church of England Academy

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PE Policy	
Date adopted	October 2019
Date reviewed	June 26
Next review date	June 27
Headteacher	Mrs Zoe Cooper
Governor/Committee (where applicable)	Mr Andrew Wragg

Our School Vision:

"I have come that they may have life and have it to the full."

(John 10:10)

Our Mission:

At Hanley St Luke's, we are rooted in love and guided by faith. We nurture every child to live life to the full. By showing *honesty, courtesy, kindness, perseverance, and respect*, we create a safe,

supportive, and inclusive environment where every child can grow academically, spiritually, and emotionally.

Our school is committed to nurturing a community built on strong Christian values, where every child is encouraged to grow both personally and academically. Through honesty, we promote truthfulness and trust; through courtesy and respect, we foster a culture of care and understanding; through kindness, we encourage compassion and forgiveness; and through perseverance, we inspire resilience and determination. Guided by these values and the teachings of Scripture, we aim to create a safe, supportive environment where all members of our school community can flourish and become thoughtful, responsible individuals.

Honesty

"You must be truthful with each other, because we are all part of the same body."

Ephesians 4:25

Courtesy

"Show proper respect to everyone, love others, honour God."

1 Peter 2:17

Kindness

"Be kind and compassionate to one another, forgiving each other, just as God forgave you."

Ephesians 4:32

Perseverance

"Let us not become tired of doing good. At the right time we will gather a harvest—if we don't give up."

Galatians 6:9

Respect

"In everything, do to others what you would want them to do to you."

Matthew 7:12

At Hanley St Luke's CofE Academy, our approach to careers education is rooted in our Christian vision inspired by *John 10:10*: "I have come that they may have life, and have it to the full." We believe that every child is uniquely created in the image of God, with individual gifts, talents and a purpose to fulfil. Our role is to nurture and develop these qualities so that all pupils can flourish and live life in all its fullness.

Through our careers provision, we aim to raise aspirations and help pupils recognise their God-given potential. We encourage children to explore how their skills and interests can be used to serve others and contribute positively to the wider community. By providing meaningful experiences, strong role models and an inclusive curriculum, we support every pupil to overcome barriers, build confidence and develop a sense of ambition for their future.

Our values-led approach ensures that pupils grow not only in knowledge and skills, but also as compassionate, responsible individuals who are prepared for the opportunities and challenges of the modern world. In doing so, we enable all children to aspire, achieve and thrive, living out our Christian vision in their future education, careers and lives.

Introduction

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Physical Education is a foundation subject within the national curriculum. This policy outlines the purpose, nature and management of the physical education taught and learned in our school.

The school policy for physical education reflects the consensus of the whole teaching staff and has the full agreement of the governing body. The policy was agreed at the meeting of the Governing body.

The implementation of this policy is the responsibility of all the teaching staff.

The Nature of Physical Education

Physical Education is about developing children's enjoyment, confidence and skill in physical activity and introducing them to the pleasures of sport. It is a practical subject which gives all children, irrespective of age or gender, opportunities for participation, enjoyment and success.

Physical Education promotes personal, social, intellectual and physical skills and at our school it attempts to foster co-operation, tolerance and self-esteem. Our school aims to promote an enjoyment in undertaking exercise in all children that will, hopefully, be continued into adulthood as part of a healthy lifestyle.

Entitlement

In the National Curriculum, three key elements occur throughout KS1 and KS2. These are:

- To develop practical skills
- Be physically active
- To compete.

These elements can be achieved through a varied games and sports timetable.

Swimming - In addition to statutory requirements all children will have swimming sessions. Where appropriate and funding allowing, some year 6 children will have extra 'catch up' lessons in swimming to help them achieve the national water safety requirement for the end of KS2. The introduction of a mobile pool on site will see the opportunity for younger children in KS1 and EYFS to partake in swimming activities.

Foundation stage - follows the foundation stage curriculum which has its own physical strands that children follow daily. Year one also incorporates outdoor play and physical activities throughout the day as part of their curriculum.

KS2 will be involved in Outdoor and adventurous activities during the academic year at Stanley Head Outdoor Pursuits Centre. These will include Mapping Skills, Nightline/Team Building, Bushcraft/Den building, Climbing wall/Abseiling, a River Study Day, Axe Throwing/Challenge Wall/Canoeing.

Implementation

In PE lessons children will be encouraged to plan, perform and evaluate. Each lesson should provide an opportunity to develop and reflect on each element within this process.

In KS1 all children have the opportunity to participate frequently in dance, gymnastics and games/multi skills over the course of the year.

In KS2 children have the opportunity to participate in dance, gymnastics, games, athletics, outdoor and adventurous activities and swimming during the course of each school year.

The ideals associated with fair play and good sporting behaviour will be encouraged at all times.

Children will be taught in their normal class group by their class teacher where appropriate.

All teachers will be responsible for the planning and teaching of physical education. Developing physical skills is a very important part of the education of young children. Reception children have the same access to the physical education curriculum as Key Stage 1 children.

Every attempt will be made to fully integrate SEND children into participating on equal terms with other children.

All physical education lessons will ensure an equal interest level for both boys and girls. Teachers/outside agencies will choose activities, themes, music etc. that will be of equal interest to both boys and girls.

Health education, particularly those areas addressing the effect of exercise on the heart and the need for exercise to keep us healthy, will be addressed during the appropriate physical education and PHSE lessons.

The school health and safety policy, with copies always available online on the school website, outlines guidance for out of school activities including transport to offside events and the use of curricular instructors. Risk assessments for swimming, the daily mile and P.E lessons are also produced with on-going reviews where appropriate.

When engaged in physical education children are expected to behave in a considerate, responsible manner showing respect for other people and equipment.

During physical education, children will be encouraged to discuss safety implications concerning themselves and others.

At playtimes and lunch breaks, children have the opportunity to use PE equipment to enhance their experience as well as the introduction to 'active play' where carousels of activities are organised at playtime and lunchtime.

At dinner breaks, several activities are set up by our playground leaders for all the school to enjoy, as well as organised clubs run by qualified coaches from Time4sport. For all indoor activities children must wear T shirts, shorts/leggings. For outdoor activities children should wear shorts, t-shirts, and a tracksuit when appropriate. Suitable trainers/pumps must be worn outdoors. All children will be barefoot in gymnastics and dance. Trainers can be used for indoor games where appropriate. Children, who for cultural/religious reasons, need to wear alternative dress will be treated sensitively. Long hair should be tied back. No jewellery is to be worn for physical education lessons although it has been agreed that if it is non-contact sport it can be allowed where appropriate with professional judgement.

The safe use of equipment will be encouraged at all times and children (where age appropriate) will be trained to move and store equipment in a safe manner. All equipment will be checked by a teacher before the children use it.

In outdoor or indoor invasion lessons where an activity such as a game of football or hockey is done, not just skills, children will be required to use shin pads. There is a central store of these for children to access.

All adults working at the school have a responsibility to report any defects in equipment which need attention.

All activities which involve children working above floor level must have mats. Children are trained to collect and return small equipment from the PE equipment areas with the permission of a teacher where appropriate.

Assessment

Teachers will use an assessment tool to record progress.

Sports Funding

We recognise that we have funding allocated for our school provided from the government. There is a separate plan and statement that relates to the spend of the school sport and PE that meets the overarching aims contained in this policy. This is due to end this year.

Background Documentation

This policy was informed by reference to the National Curriculum.

Review

This policy was amended on: September 2026 and will be reviewed where appropriate over the course of a 24 month period.

This Policy will be reviewed in July 2027.

Signed: Mrs S. Farnell

Date: September 2026