



## Sport club Pupil Questionnaire



1. Which Sports clubs at school have you been involved in this term? (Before school, lunchtime and after school).
2. What did you enjoy? Explain why.
3. What can you do now that you couldn't do before you went to the club?
4. Has it made you feel fitter, stronger, better at tactics, working in a team more successfully? Explain your answer.
5. How could you challenge yourself physically in the future to improve your health?
6. Is there any clubs that we don't offer that you would like in the future?  
Results of our child sports questionnaire.



## What have you learned from your involvement in sports clubs?

Learned new tactics

I'm more confident

I feel happier about myself

I feel fitter

I've learned that it is about taking part not winning

I have become more flexible

I can run a lot faster and further

I feel it has made me a better person

I can work better in a team situation

I feel more confident in using equipment efficiently

I feel I am more active

## How could you improve your health further in the future?

I will eat more healthily

Continue to exercise more regularly

Run more

Push myself to do harder things

Become more involved in other sport clubs

Eat more fruit

Become more successful when working in a team

Drink less pop

Make more challenging targets

Take part in competitions now I feel more confident

Make my heart go faster

Play outside more

Don't watch as much t.v

Get fitter at home

## Clubs requested for the future

Basketball

Tennis

Cricket

Rounders