



**Concerned about your family's health?**

**Come along to our [Active Families](#) club!**

**Sessions include healthy cooking and fun physical activities for the whole family and it is totally [free](#).**

**The club will take place at Hanley St Luke's Primary School on Monday evenings from 3.30-5.30pm and will be led by the company [Groundwork](#).**

**For more information visit:**

**[Active Families Stoke on Trent](#) on Facebook**

**[@ActiveFamilySoT](#) on Twitter**