



Hanley St. Luke's CofE Aided Primary School

PE Policy January 2016

1.0 Introduction

- 1.1 Physical Education is a foundation subject within the national curriculum. This policy outlines the purpose, nature and management of the physical education taught and learned in our school.
- 1.2 The school policy for physical education reflects the consensus of opinion of the whole teaching staff and has the full agreement of the governing body. The policy was agreed at the meeting of the Governing body.
- 1.3 The implementation of this policy is the responsibility of all the teaching staff.

2.0 The Nature of Physical Education

- 2.1 Physical Education is about developing children's enjoyment, confidence and skill in physical activity and introducing them to the pleasures of sport. It is a practical subject which gives all children, irrespective of age or gender, opportunities for participation, enjoyment and success.
- 2.2 Physical Education promotes personal, social, intellectual and physical skills and at our school it attempts to foster co-operation, tolerance and self esteem. Our school aims to promote an enjoyment in undertaking exercise in all children that will, hopefully, be continued into adulthood as part of a healthy lifestyle.

3.0 Entitlement

- 3.1 In the New National Curriculum, three key elements occur throughout KS1 and KS2. These are:
- To develop practical skills
 - Be physically active
 - To compete.
- 3.1.1 These elements can be achieved through these 6 areas of activity:
- Dance
 - Gymnastic activities
 - Games
 - Outdoor and adventurous activities
 - Athletic activities
 - Swimming (Y2 upwards)

Foundation Stage follows the Foundation Stage Curriculum which has its own physical strands that children follow daily.

- 3.2 In addition to the above statutory requirements Years 2-6 children will have ten swimming sessions where appropriate within their academic year.
- 3.2.1 Year 5 participate in an optional outdoor adventure trip based on team work and physical activity for three days.
- 3.2.3 Year 6 children will be involved in Outdoor and adventurous activities during their annual residential week at Stanley Head Outdoor Pursuits Centre.

4.0 Implementation

- 4.1 In PE lessons children will be encouraged to plan, perform and evaluate. Each lesson should provide an opportunity to develop and reflect on each element within this process.
- 4.1.1 In KS1 all children have the opportunity to participate in dance, gymnastics and games every week.

In KS 2 children have the opportunity to participate in dance, gymnastics, games, athletics, outdoor and adventurous activities and swimming during the course of each school year.
- 4.2 The ideals associated with fair play and good sporting behaviour will be encouraged at all times.
- 4.3 In Year 6 every child will be involved in an introduction to Orienteering to link with their work in geography related to making and using maps.
- 4.4 Children will be taught in their normal class group by their class teacher where appropriate.
- 4.5 All teachers will be responsible for the planning and teaching of physical education.

All teachers and children from Y1 – Y6 are involved with the assessment of their progress.
- 4.6 Developing physical skills is a very important part of the education of young children. Reception children have the same access to the physical education curriculum as Key Stage 1 children.
- 4.7 Every attempt will be made to fully integrate special needs children into participating on equal terms with other children.
- 4.8 All physical education lessons will ensure an equal interest level for both boys and girls. Teachers will choose activities, themes, music etc. that will be of equal interest to both boys and girls.
- 4.9 Health education, particularly those areas addressing the effect of exercise on the heart and the need for exercise to keep us healthy, will be addressed during the appropriate physical education lessons.
- 4.10.1 The school health and safety policy, with copies always available in the Office,

outlines guidance for all out of school activities including swimming lessons and the use of playground equipment.

- 4.10.2 When engaged in physical education children are expected to behave in a considerate, responsible manner showing respect for other people and equipment.

During physical education, children will be encouraged to discuss safety implications concerning themselves and others.

At playtimes and lunch breaks, children have the opportunity to use PE equipment to enhance their experience.

At dinner breaks, several activities are set up by our playground leaders from KS2 for all the school to enjoy, as well as organised clubs run by qualified coaches.

- 4.10.3 For all indoor activities children must change into T shirts, shorts/skirts or leotards. For outdoor activities children should wear shorts/games skirt, t-shirts, and a tracksuit when appropriate. Suitable trainers must be worn outdoors. All children will be barefoot in gymnastics and dance. Trainers can be used for indoor games where appropriate. Children, who for cultural/religious reasons, need to wear alternative dress will be treated sensitively. Long hair should be tied back. **No** jewellery is to be worn for physical education.

- 4.10.4 The safe use of equipment will be encouraged at all times and children will be trained to move and store equipment in a safe manner. All equipment will be checked by a teacher before the children use it.

All adults working at the school have a responsibility to report any defects in equipment which need attention.

All activities which involve children working above floor level must have mats.

- 4.11 Children are trained to collect and return small equipment from the PE equipment areas with the permission of a teacher.

5.0 Assessment

- 5.1 All children from Y1-Y6 use a 'Physical Education Journal' to assess their performance, skills, social and leadership qualities.

They choose various targets to achieve over the year as well as recording clubs, achievements or photos associated with PE in and out of school.

Children with particular talent are identified as Able and Talented and recorded on the register.

Sports Funding

We recognise that we have funding allocated for our school provided from the government. There is a separate plan and statement that relates to the spend of the school sport and PE that meets the over acting aims contained in this policy.

6.0 Background Documentation

- 6.1 This policy was informed by reference to the New National Curriculum and guidance

from the Lincolnshire Curriculum Service.

7.0 Review

- 7.1 The Headteacher and staff will review this policy annually. Any suggested amendments will be presented to the Governors for discussion at their first meeting in the