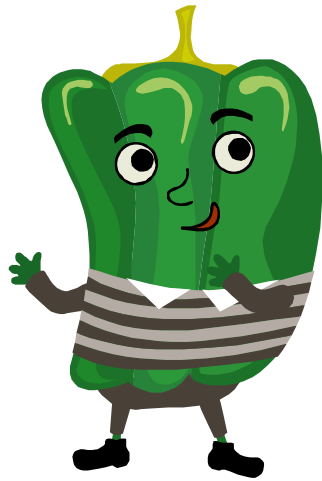


## MONDAY

Traditional Oven baked  
Sausage with Yorkshire  
pudding  
Or  
Vegetarian Sausage with  
Yorkshire Pudding (v)  
Or  
Cheesy Oat cakes  
All served with  
Boiled new potatoes  
Baked Beans  
Sweetcorn  
~ ~ ~  
Vanilla  
Ice-Cream with Fruit



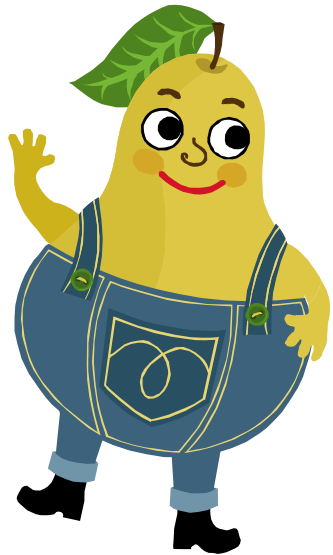
## TUESDAY

**NEW!** Home-made Cottage Pie  
or  
**NEW!** Shepherdess Pie (v)  
(Vegetarian cottage pie with  
Quorn mince)  
Or  
Breaded Fish Stars  
  
All served with  
Mixed Vegetables,  
Fresh Baton Carrots  
& Fresh bread  
~ ~ ~  
Raspberry Buns with Custard



## WEDNESDAY

**NEW!** Cheese Beany Baguette  
or  
Tuna Pasta Bake **NEW!**  
Served with Garlic Bread  
  
All served with Potato  
Wedges, Sweetcorn  
~ ~ ~  
Selection of assorted Cup  
Cakes



## THURSDAY ROAST DINNER

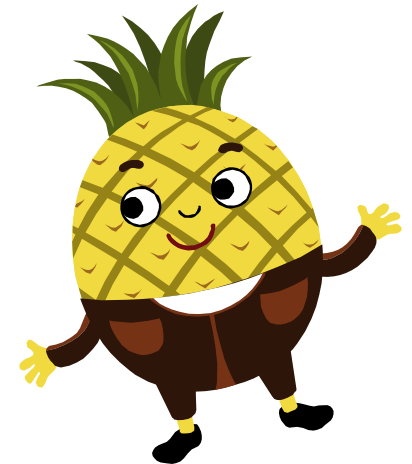
**NEW!** Gammon with  
Pineapple  
or  
Quorn Meat balls in Tomato  
Sauce (v)  
Served with  
Creamed potatoes, Roast  
potatoes  
With seasonal fresh  
vegetables  
~ ~ ~  
Assorted Cookies

## LUNCH MENU WEEK 1



## FRIDAY

Breaded oven baked Fish  
Cakes  
or  
Home-Made Cheese & Onion  
Puffs (v)  
  
All served with  
Oven Chips, Spaghetti Hoops  
& Garden Peas  
~ ~ ~  
Home Made Fruit Flap Jack



FRESH SALAD BOWLS, JACKET  
POTATOES, FRUIT SALAD,  
ASSORTED FRUIT YOGHURTS,  
CHEESE & BISCUITS ARE  
AVAILABLE DAILY  
(All Menus are Subject To  
Change)

**NEW!**

## MONDAY

Sausage Rolls and Meat Free  
Sausage Rolls  
or  
Assorted Flavoured Chicken

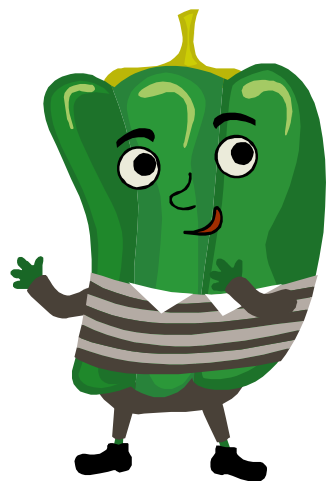
Wraps with Yoghurt dip



All served with  
Creamed Potatoes  
Peas & Sweetcorn mix

~ ~ ~

Krispie Cake



## TUESDAY

### ROAST DINNER



Roast Chicken with Sage  
and Onion Stuffing  
or  
Cheesy Oat Cakes(v)

All served with Roast &  
creamed Potatoes  
Seasonal Fresh vegetables

~ ~ ~

Vanilla or Chocolate  
Shortbread



## WEDNESDAY



Chicken Tikka with  
Basmati Rice and Naan  
Bread  
or



Quorn Burger in a  
bun(v)  
Served with  
Noisette Potatoes  
Cauliflower, Green Beans

~ ~ ~



Chocolate and  
Orange Sponge with  
Chocolate Sauce



## THURSDAY

Home Made Italian Bolognese  
with Pasta and Garlic bread  
or  
Cheese and Tomato Pizza(v)

All served with Potato  
Wedges, Sweetcorn, baked  
beans

~ ~ ~

Home made Ginger bread men

# LUNCH MENU WEEK 2



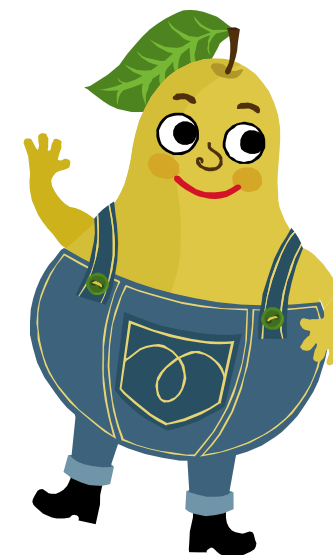
## FRIDAY

Oven baked fish fillet  
or  
Home-Made Macaroni  
Cheese(v)

All served with Chips,  
Spaghetti Hoops & Garden  
Peas

~ ~ ~

Fruit Jelly or ice-cream



FRESH SALAD BOWLS,  
JACKET POTATOES, FRUIT  
SALAD, ASSORTED FRUIT  
YOGHURTS,  
CHEESE & BISCUITS ARE  
AVAILABLE DAILY  
(All Menus are Subject To

## MONDAY

Assorted Pizzas  
or



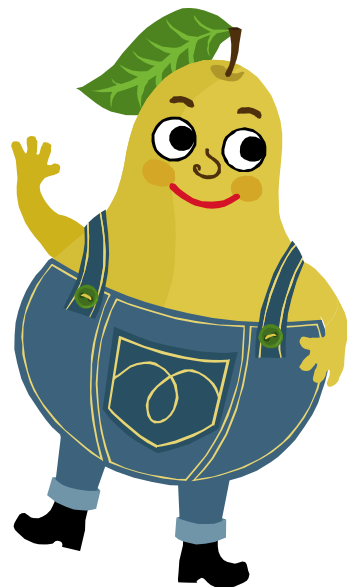
Roasted Vegetable  
Quiche(v)

All Served with Potato  
Wedges  
Baked beans or Sweetcorn  
~ ~ ~

Chocolate Crunch with



Custard Sauce



## TUESDAY



Cornish Pasty Pie  
or  
Salmon Bites

All served with Pommes  
Noisettes,  
Cauliflower, Green beans  
~ ~ ~

Assorted Fruit Mousse pots



## WEDNESDAY

### ROAST DINNER

Roast Turkey with Stuffing  
& Gravy  
or  
Cheese and Tomato Pasta  
Pots (v)

All served  
Creamed and Roast  
potatoes  
Seasonal fresh Vegetables  
~ ~ ~



Marbled Shortbread  
and Custard

## THURSDAY



### BIG BREAKFAST

Bacon, Sausage, Omelette.  
or  
Vegetarian Sausage, Omelette  
(v)

All Served with  
Oven Potato smiles, Plum  
Tomatoes  
Baked beans  
With fresh home-made bread  
~ ~ ~

Fruit Lollies



# LUNCH MENU WEEK 3



## FRIDAY

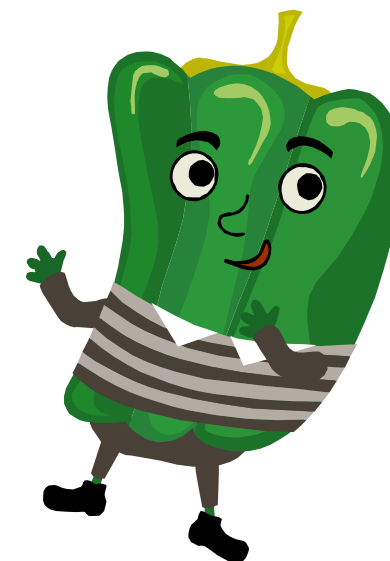
Battered Cod Goujons  
or  
Vegetable Burger(v)



All Served with Chips,  
Spaghetti Hoops & Garden  
Peas and Sweetcorn Mix  
~ ~ ~



Coconut &  
Chocolate Muffins



FRESH SALAD BOWLS, JACKET  
POTATOES, FRUIT SALAD,  
ASSORTED FRUIT YOGHURTS,  
CHEESE & BISCUITS ARE  
AVAILABLE DAILY  
(All Menus are Subject To  
Change)